

Definitiver Zeitplan Bündner Einkampf-Leichtathletikmeisterschaften 2022

Zeit	U12W	U12M	U14W	U14M	U16W	U16M	U18W / U20W / WOM	U18M / U20M / MAN
Fr	23.09.2022							
Ab 18:00			1000m (8)		1000m (4)		1000m (0/0/0)	
18:10				1000m (2)		1000m (5)		1000m (2/0/1)
18:20	1000m (14)							
18:30		1000m (12)						
18:45			Speer 1 (400g) (13)	Speer 1 (400g) (1)	Speer 2 (400g) (10)	Speer 2 (600g) (11)		
19:45							Speer 1 (U18: 500 g) (1) (U20/WOM: 600 g) (0/0)	Speer 1 (U18: 700 g) (0) (U20/MAN: 800 g) (1/1)
Sa	24.09.2022							
09:45		Weit 1/2 (20)	Hoch 1 (9)		Kugel 1 (3 kg) (7)	Kugel 2 (4 kg) (9)		
10:00	60m VL (24)			Hoch 2 (5)				
10:15								
10:30					80m VL (16)			
10:45	Weit 1/2 (25)					80m VL (15)	Kugel 1 (WOM: 4 kg) (1)	Kugel 1 (U18: 5 kg) (MAN: 7.25 kg) (2)
11:00		60m VL (20)			Hoch 1 (9)			
11:30		Ball (200g) (16)		60m VL (8)		Hoch 2 (10)		
11:45			60m VL (23)					
12:00				Kugel 2 (3 kg) (3)				
12:15	Kugel 1 (2.5kg) (9)	Kugel 1 (2.5kg) (8)			80m F	80m F	Weit 1 (4)	Weit 1 (3)
13:15	60m F	60m F	Kugel 2 (3 kg) (14)	Weit 2 (7)				
13:30					Weit 1 (11)	Weit 3 (16)	100m F (6)	100m F (4)
13:45	Ball (200g) (20)							
14:00			60m F				Hoch 1 (2)	Hoch 1 (2)
14:15			Weit 2 (22)	60m F				
14:30								
14:45								
15:00	Steinbock-Trophy: 3x600m W(4)/M(2)/X(2)							
15:15	Steinbock-Trophy: 3x600m W(1)/M(1)/X(3)							
15:30	Steinbock-Trophy: 3x600m W(5)/M(1)/X(0)							